## Wilmington Family Chiropractic Dr. Stephen Jensen

7 Middlesex Avenue Wilmington, MA 01887 Phone: (978) 658-7590

	Personal Inforn	nation	
First M	Last	Nickname	Date
Address	City	State	Zip
Social Security #	Gender M/F	Marital Status	Spouse
Date of Birth	Emai Address:		
Height: Weight	Employed? Y N	Employer Name:	
Home Phone:	Cell Phone:	Work Pho	ne:
Children? Y N If yes, number of children?		Ages of children:	
Names of children:			
Emergency Contact Name:		_ Emergency Contact Phor	ne:
How did you hear about Wilmington Family Chiroprac	etic?		
Н	ealth Insurance In	formation	
Do you have insurance coverage?	□ No □ Self □	Spouse □ Parent □	<b>1</b> other
Insurance Carrier	Policy Number		Сорау
Name of Insured, if not self Bi	rthdate of Insured	SS#	
Insured's Employer Are you covered by any other insurance? Insurance Carrier	☐ Yes ☐ No	ddress	Copayment
	Auto Accident In	surance	
Auto Insurance Carrier		Policy Number	
Address		City	State Zip
Insurance Contact  Date of Accident	Ir	surance Co. Phone #	
Name of Insured	(v	vhose car was it?)	
Patient Relationship to the insured??	☐ Self ☐ Spouse	e 🗖 Child 🗖 Othe	er
I	Reason for the App	ointment	
Describe your condition(s)/symptoms/pain		Date the	condition occurred?
On a Scale of 1 - 10 with 10 being the worst, circle th	1 2 3 4 5 6 7 8 9 10 Low Back Pain	1 2 3 4 5 6 7 8 9 10 1 2 Headaches	3 4 5 6 7 8 9 10 Shoulder Pain
	Attorney Inforn	nation	
Attorney Name	Phone		<del>-</del>
Address	City	State	Zip

Automobile Accident							
DESCRIBE THE VEHICLE							
Patient's Vehicle Type:  □ Bus □ Van □ Sport-utility □ Sports car □ Truck □ Coupe □ Station Wagon □ Sedan □ Pick-up truck	Vehicle Size:     □     Mini       □     Full-Size     □     Sub-compact       □     Light     □     Semi       □     Mid-Size	☐ Front mid passenger ☐ Rear	left passenger mid passenger right passenger				
DESCRIBE THE ACCIDENT							
Action of patient vehicle:  Crossing intersection Stopped at intersection Stopped for pedestrian Stopped in traffic Turning right Turning left Traveling speed limit Slower than speed limit Slower than speed limit	Other vehicle head-on Left front of other veh. Left rear of other veh. Rt rear of other veh. Rt front of other veh. Rear-ended other veh. Sideswiped other veh o		Time of Day  Dawn Daylight Dusk Night Visibility Fair Good				
Patient's Vehicle was hit by:  ☐ A compact car ☐ A pick-up truck ☐ A full-sized car ☐ A sport-utility veh. ☐ A mid-sized car ☐ A full-sized van ☐ A subcompact car ☐ A mini-van ☐ A semi-trailer ☐ None of the above ☐ A light truck ☐	Patient's Vehicle hit:  A compact car A full-sized car A mid-sized car A subcompact car A subcompact car A semi-trailer A light truck  A pick-up truck A sport-utility veh. A sport-utility veh. A full-sized van A mini-van None of the above	Weather Conditions:  Clear	Damp Wet I ced over Dry with icy patches				
DESCRIBE MOMENT OF IMPACT							
Body Position at impact:  Leaning forward  Slouched down in seat  Straight  Turned left  Turned right  Direction Body was  choose forward then forw  forward then backw  to the left  to the right	ard about the vehicle outside the vehicle under the vehicle	□ Straight □ bac □ Tilted forward □ for	ion head thrown: ckward then forward ward then backward e to side				
Type of Passive Restraint:  □ Lap belt □ Shoulder belt □ Shoulder-lap belt □ Did airbag de □ Yes □ No	In the high position In the low position	□ In the middle position □ Yes □ Not installed □ No					
	Post-Injury						
Initial reaction     After the accident, in which body       (mark all that apply)     (mark all that apply)       □ Confused     □ Head     □ Le       □ Dazed     □ Neck     □ Ri       □ Distressed     □ Left shoulder     □ Le	eft wrist Pelvis Right knee ight wrist Left buttock Left shin eft hand Right buttock Right shin	Did you lose Conciousness?  ☐ Yes ☐ No ☐ Unsure ☐ Destination after injur (choose one) ☐ Work ☐ Home ☐ School ☐	ry Hospital Clinic Doctor				
☐ Frightened ☐ Left arm ☐ Ci ☐ Light-headed ☐ Right arm ☐ Ri ☐ Nervous ☐ Left elbow ☐ U ☐ Shaken ☐ Right elbow ☐ M ☐ Upset ☐ Left forearm ☐ Al	ight hand	Any emergency care?					
□ Neck □ left elbow □ Ri □ Left shoulder □ right elbow □ Le □ Right shoulder □ Left forearm □ Ri	ccident eft wrist eft wrist eft hand ef	□ Left hip □ Right knee □ Right hip □ Left shin □ Left thigh □ Right shin □ Right thigh □ Left ankle □ Left knee □ Right ankle					

		TREATMENTS ADMI	NISTERED	AFTER TH	IE ACCIDENT
Were you admitted	Name of Hospi				
to a hospital?  Yes	Date of Visit:				
□ No Were any X-Rays take	Date of Discha	rge:	ase circle one)		
If yes, what body reg	ion?		ase circle one)		
Were any CAT scans If yes, what body reg			N (Please circ	le one)	
Were any MRI scans If yes, what body reg	performed? (ma	ark all that apply) Y N	(Please circl	e one)	
Were you given a dia	gnosis of this ir	njury?			
Bandages Brace Cast Collar Hot Packs	Splint Support Surgery Muscle Relaxants Oral medication Sutures Topical Antiseptic	Recommendations  No further care required Refer to Plastic Surgeon Refer to Chiropractor Refer to General Practitic Refer to General Surgeon Refer to Internist Refer to Neurologist Refer to Orthopedist	See P Time ( Under Department Heat to	go observation herapy cal Collar pedic shoes	
		Treatment	and Diagi	nostic His	story
Diagnostic Testi (X-ray, MRI, EMG,		Body Area	Date	Fa	acility Finding
Diagnostic tests the	at have been p	erformed for the current o	hief complain	t include:	
Prior Physician:					of 1st Visit: / /
Physician's Diagnosi	s:				· · · · · · · · · · · · · · · · · · ·
■ Adjustments	nded by Prior P Immobilization Massage	hysician (mark all that apply)  Analgesics Anti-Biotics	□ Nerve Bl		Treatment Results (mark one) ☐ Plan was not followed ☐ Had some success ☐ Aggravated the condition ☐ Relieved the condition

				Social H	istory			
Marital Status? # o	of Children?		N.	octai II	How often		Hand of	Hours of Sleep
Marital Status? # 0		<b>-</b> 4 c	children 🗆	8 children	do you exe	rcise?	Dominance?	per night?
Divorced			children		never	101301	Left	☐ 1 hour
□ Single □			children 🗔		rarely		□ Right	☐ 2 hours
	3 children	<b>-</b> 7 (	children		occasi	onally	■ Ambidextrous	■ 3 hours
■ Widowed					regular			4 hours
Participation in Sports A			Involvement in				Have you traveled	5 hours
	infrequent		very requer		infrequent	-	internationally?	6 hours
	□ almost never	er er	often somewhat of	often 🗖	almost nev	/er	never	7 hours 8 hours
somewhat often occasionally	■ never		somewhat of occasionally		never		recently occasionally	8 hours 9 hours
Occasionally			UCCASIONAII	у			in the past	10 or more
How often do you eat				Do you con			How many pounds	
a well-balanced diet?	asionally	□ always	•	yourself ov	erweight?		overweight?	) 25 D 25 D 45
never ccc occ	•	□ alway	5	u yes u no			5 D 15 D 10 D 20 D	1 25 □ 35 □ 45 1 30 □ 40 □
Highest level of education				Years of Ed	ucation		Learning Disabilitie	
Did not graduate	☐ Bachelo	r's Degree		after High S			yes pisabilitie	
earned a GED	■ Masters	•					□ No	
■ graduated HighSchool	PhD or	•					unknown	
Associates Degree								
Alcohol Consumption?				Recreation	al			nk beverages with caffeine?
does not drink alcoholic t				Drug Use?			□ never	
drinks alcoholic beverage	•			_(optional)				ted beverage per day
drinks alcoholic beverage				never			1-2 caffeinated beve	
drinks alcholic beverages				occasiona occasiona	ally		2-3 caffeinated beve	
drinks alcoholic beverage				often			3-4 caffeinated beve	
usaully only drinks alcoholon the weekends	olic beverages			in the pas	5L		<ul><li>4-5 caffeinated beve</li><li>more than 5 caffeina</li></ul>	erages per day ated beverages per day
Tobacco Use?				l			Inore than 5 calleins	ateu beverages per day
Years of	Cigarett	es				Chewi	ng tobbaco	Cigars
Tobacco Use?	•	not smoke		1 pack per day			never used	never used
		pack per day		2 packs per da	I		occasionally	occasionally
		ack per day		3 packs or > pe	,		often	□ often
	□ 1/2 p	ack per day		in the past	-		in the past	in the past
Served in the Military?		Serve during	g Wartime?		Suffer trauma	a from War		nch of Service?
u yes		□ yes			yes			Army Air Force
□ No		no no	-		no			Navy
			<u>I</u> H	Iealth H	listory			
Please select all choices that a		er currently or	•					-
Abdominal Pain	Bulemia		☐ Fainting		☐ Irritable Co		PMS	☐ Sickle Cell Anemia
☐ Allergies	Cancer		Hay Fever		☐ Kidney Dis		Polio	Sinus Trouble
☐ Angina	Colitis		Headaches		☐ Kidney Sto		Profuse Menstrua	
Anorexia	Convulsion	ns .	Heart Attacl		Liver Dise		Prostate Disease	
<ul><li>□ Aortic Aneurysm</li><li>□ Arthritis</li></ul>	<ul><li>Diabetes</li><li>Dislocated</li></ul>	lointo	<ul><li>☐ Heart Disea</li><li>☐ High Blood</li></ul>		■ Low Blood ■ Lung Dise		<ul><li>Rapid Heart Rate</li><li>Rheumatic Fever</li></ul>	
Asthma	☐ Disiocated	JOHUS	HIV/AIDS		■ Lung bise ■ Multiple S		Scoliosis	Ulcer
Blood Disorder	☐ Emphysen	na	☐ Irregular Bo		Osteopord			itted   Vaginal Discharge
■ Breast Soreness	☐ Epilepsy	iu.	☐ Irregular Me		■ Osteopord ■ Painful Uri		Diseases	alled Vaginal Discharge
			J					
Are you presently taking	any medicati	ons? If so, p	lease list.					
Have you had any surge	ries? If so. ple	ase list.						
	, •							

					Family	History			
					Maternal	Maternal	Paternal	Paternal	☐ Relatives Still Living
	Mother	Father	Siblings	Cousins	Grandmother	Grandfather	Grandmother	Grandfather	Relatives In Good Health
Angina			ŭ						
Arthritis or Rheumatism									*Blindness was caused by:
Asthma									☐ Cataracts
Blindness*									Conginital absence of ability
Cancer									☐ Glaucoma
Chronic Bronchitis									□ Trauma
Congestive Heart Failure									*Deafness was caused by:
Deafness*									Conginital absence of ability
Depression									■ Meniere's Disease
Diabetes									Otic Cancer
Diabetes Mellitus Type II									■ Trauma
Emphysema									Family history negative for:
Heart Attack									□ Cancer
High Blood Pressure									■ Diabetes
Kidney Disease									Thyroid Disorders
Sciatica/Chronic Low									■ Heart Disease
Back Pain									■ Stroke
Seizures									High Blood Pressure
Stroke									■ Asthma
Thyroid Disease									■ Seizures
Ulcers or GI Bleeding									■ Liver Dysfunction
OTHER:									☐ Kidney Pathologies
									□ All Of The Above

### PRIVACY NOTICE ACKNOWLEDGEMENT

We are very concerned with protecting your privacy, especially in matters that concern your personal health information. In accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPAA), we are required to supply you with a copy of our privacy policies and procedures. We encourage you to read this document carefully, for it outlines the use and limitations of the disclosure of your health information and your rights as a patient. If you ever have any questions or concerns regarding the use or dissemination of your personal health information, we would be happy to address them.

I acknowledge that I have received a copy of <b>Wilmington Information</b> .	n Family Chiropractic's Notice of Privacy Practices for Protected Healt
Patient Name Printed	Date
Patient Signature	Authorized Provider Rep.
Personal Representative Printed	Personal Rep. Relationship
[ ] I have received and accepted the conditions of the A and Marketing Authorization forms and agree to rece occasional newsletters, birthday cards, referral thankand service updates.	eive appointment reminders,
Signature	
[ ] Exceptions:	
Signature	

#### **CONSENT TO TREAT**

I understand that all records established by this office are the sole property of Dr. Jensen. Copies, however, will be made upon 72 hours written to the doctor, and I understand and agree to pay all costs involved in their reproduction.

I hereby give Wilmington Family Chiropractic and Dr. Jensen CONSENT TO TREAT me and/or my minor child, and I understand that Wilmington Family Chiropractic requires personal payment for all services rendered today.

I, the undersigned, hereby authorize Dr. Jensen (and whom he may designate his assistants) to administer any examination and/or treatment as is necessary and to perform appropriate diagnostic and therapeutic procedures as are considered necessary on the basis of findings during the course of said examination and/or treatment. I also authorize the release of any information or records from this office to other past, present or future health care professionals, facilities, attorneys or agencies for the purpose of continuity of my health care and for the purpose of collection for services rendered.

I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that Wilmington Family Chiropractic will prepare any necessary reports and forms to assist me in making collections from the insurance company and that any amount authorized to be paid directly to Wilmington Family Chiropractic and Dr. Jensen will be credited to my account on receipt. I also give Wilmington Family Chiropractic and Dr. Jensen limited power of attorney to endorse checks received from my insurance company relating only for my treatment, to be credited to my account. However, I clearly understand and agree that all services rendered to me and/or my minor child are charged directly to me and that I am personally responsible for payment, regardless of my insurance coverage. I also understand that if I suspend or terminate my care and treatment and/or if in the event that my insurance benefits are terminated or exhausted, any fees for professional services rendered to me and/or my minor child will be immediately due and payable.

# ASSIGNMENT, LIEN AND AUTHORIZATION TO RELEASE MEDICAL RECORDS AND INFORMATION

Patient Name:			
For good and valuable consideration reco			
FAMILY CHIROPRACTIC any sums as by reason of any other bills, medical pay insurance benefits or reimbursement for	may be due and owing this office ments, no-fault benefits, health a which you may be obligated to r	ce for services rendered n and/or accident benefits, v reimburse me, or from an	attorney, to pay directly to WILMINGTON ne, both by reason of accident, or illness and/or workers' compensation benefits, or any other y settlement, judgement or verdict on my behalf tephen Jensen who provided these services.
	alt of the injuries or illness for w	hich I have been treated b	all proceeds of any settlement, judgement or by said office. This contract is to act as an ein.
	_		AMILY CHIROPRACTIC to furnish you, the ic bills and any other relevant information
	treatment and services as a resu		en settlement or judgment is reached, to pay in s for which I have been treated by said office and
	_		AMILY CHIROPRACTIC to furnish you, the ic bills and any other relevant information
I understand that by signing this docume the responsible party's insurance compar	. •	eports and information to	the above-indicated party, which could include
Furthermore, I authorize WILMINGTON adjuster or attorney to facilitate collection			pertinent to my case to any insurance company,
make such payments, I hereby assign and	d transfer to this office any and a ch company, and authorize this o	all cause of action, claims ffice to compromise, sett	this office for services rendered and refuses to whether in law or equity, that I might have or e or otherwise resolve any claim or cause of
	office's additional protection w	while awaiting payment.	tted by them for services rendered to me and I further understand that such payment is d fees.
This agreement is irrevocable and is bind has hereunto set his/her hand this			the undersigned. Therefore, I the undersigned
Patient			
	WLEDGEMENT OF ASS EASE OF MEDICAL RE		ND AUTHORIZATION AND RMATION.
I,lien and agree to protect WILMINGTON	, attorney for the above-national FAMILY CHIROPRACTIC an	amed patient, hereby acki d Dr. Stephen A. Jensen j	nowledge receipt of the above assignment and pursuant to the above-indicated terms.
Date:	Attorn	nev:	

### **NUTRITION SURVEY**

### Wilmington Family Chiropractic

Name	Date
Are you presently taking Yes	ng any type of nutritional supplements (such as vitamins, minerals, herbs, amino acids, fish oils, etc)? _No
a.	Name the supplements that you are presently taking:
b.	Who recommended you take these supplements?
	Family Member or Friend Advertisement
	Health Professional Other
c.	Where did you purchase those supplements?
	Mail-order Pharmacy Other
	Nutrition or Vitamin Shop Health Care Provider
2) If your doctor offered a	n advanced, high quality line of supplements, would you consider purchasing them? Yes No
If your doctor offered a you cosider having it?	simple, painless genetic test to determine, based on your DNA, which vitamins are most important for your body, would Yes No
4) If this office offered a c	omprehensive weight management program, would you consider it? YesNo
5) If this practice offered a	nutrition education program to improve your dietary habits, would you be interested in participating if it was?
by private appointment wit by a class held exclusively	for our patients? Yes No No
-	sly. If you have answered "Yes" to any of the above questions and would like our R.N. Nutritional Advisor to provide a n, please provide your contact information below:
Phone:	Best time to be reached:
Email:	